



STEP 1: FORM YOUR TEAM

Go to the website at www.fw4elders.org/walk and click: **Sign up**
 Follow the directions to create your team (*you can be a team of one, or a team of many*)
 Copy the web page address to share with others

STEP 2: FUNDRAISE

Fundraise for your own team: ask everyone for a donation
 Ask 5 people: coworkers, family members, activity partner (gym partners, walking friend, dance partner, chess opponent, etc.) or member of your congregation, to join your team and do fundraising among their own circle of contacts
 Contact professionals or organizations you work with (doctor/dentist, lawyer, favorite restaurant, other vendors) and ask them to join or donate to your team

